

## Oatmeal a la Black Sheep

### Ingredients:

- Your favorite oatmeal recipe, quick oats work fine
- Black Sheep's Blueberries with Merlot and Honey Preserves
- Butter optional

### Method:

- Prepare your oatmeal and transfer to serving bowls
- Top with pats of butter, if desired
- Spoon 2-4 Tablespoons of the preserves on top of the oatmeal and ENJOY!

Beverage tip: A nice, cold glass of milk complements this perfectly